



# STATE LEVEL WORKSHOP

## SANARE

### Whispers of Resilience: A Journey Through Critical Care

**7.5 KNMC Credit Hours  
Awarded**  
Letter No.C/66475/2025/NC-CNE

 August 25 , 2025

 Time : 7.30 am – 4.30 pm

 Conference Hall, Lourdes Hospital

**Organizers :** Dept. of Medical Surgical Nursing & MSc Nursing Students (12<sup>th</sup> & 13<sup>th</sup> Batch)

**Targeted Beneficiaries:** PhD Scholars, Staff Nurses, Nursing Educators, UG students & PG students



**LOURDES COLLEGE of NURSING**  
Sidhi Sadan

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Email: lourdescollegeofnursing@gmail.com Web: www.lourdescollegeofnursing.in

Dear Delegates,

We, MSc Nursing Students and Dept of Medical Surgical, Lourdes College of Nursing, Ernakulam with its steadfast dedication to excellence in nursing education and compassionate healing, is honoured to host a State level workshop on **“SANARE - Whispers of Resilience : A Journey Through Critical Care”**

In the fast-paced evolution of modern healthcare, critical care nursing stands at the crossroads of advanced clinical expertise, heartfelt communication and holistic nursing care. This workshop aspires to be an inspiring and insightful platform, guiding participants through the essential dimensions of critical care- where science meets sensitivity.

*We look forward for your esteemed presence and active participation.*

## OBJECTIVES

- Enhance competence in comprehensive assessment of critically ill patients.
- Explore the basic functions and modes of mechanical ventilator.
- Equip nurses with essential skills for managing ventilated patients and foster effective communication in critical care.
- Develop skills in interpreting ECG - Arrhythmias.
- Understand the use of emergency and ionotropic drugs and ensure their safe preparation & handling.



## PROGRAM SCHEDULE

TIME	SESSION	RESOURCE PERSONS
07.30 - 08.00 am	Registration	
08.00 - 08.30 am	Pretest	
08.30 - 09.30 am	With Every Breath: An Introduction to Mechanical ventilator	<b>Dr. Indhu Rajeev</b> Senior Consultant Critical care Lourdes Hospital 
09.30 - 10.30 am	Beyond The Vitals: An Approach to Assessment of Critically ill patients	<b>Dr. Jyothis V</b> HOD - Critical Care Lourdes Hospital 
10.30 - 11.00 am	Inauguration	
11.00 - 11.15 am	Tea Break	
11.15 - 12.30 pm	Heart of healing: Compassionate care and Nursing care of patients on mechanical ventilator	<b>Prof. Dr. Rohini T</b> Principal, Institute of Nursing Sciences & Research, Malabar Cancer Centre, Thalassery 
12.30 - 01.15 pm	Broken Rhythm: Understanding and Managing Cardiac Arrhythmias	<b>Dr. Indhu Rajeev</b> Senior Consultant Dept.of Critical Care Lourdes Hospital 
01.15 - 01.45 pm	Lunch Break	
01.45 - 02.30 pm	Flow of life: Understanding I onotopes and Emergency medications	<b>Dr. Prathibha Krishna Pillai</b> Senior Resident Critical Care Lourdes Hospital 
02.30 - 04.00 pm	Skill Stations	<b>Dr. Indhu Rajeev</b> <b>Dr. Anand Mathew Mammen</b> Dept. Medical Surgical Nursing MSc Nursing Students 
04.00 - 04.30 pm	Validictory function, Posttest & Certificate Distribution	

### Chief Organizers

**Rev. Fr. George Sequeira**  
Director

**Rev Fr. Vimal Francis**  
Associate Director

### Organizing Chairperson

**Prof. Sr. Rufeena E A**  
Principal, Lourdes College of Nursing

### Organizing Secretary

**Prof. Josy A Mathew**  
Vice Principal, Lourdes College of Nursing

### Faculty & Student Coordinators

**Prof. Saniya Jose**  
HOD - Medical Surgical Nursing

**Ms. Lolitha C D**  
Asso. Professor Medical Surgical Nursing

**Ms. Treesa Irene M J**

**Ms. Veena Mohan**

**Online Registration – 500/-**

**Spot Registration – 600/-**

**Secure your spot before 22-08-2025**

- Mode of payment online.

Bank	:	Federal Bank
Account name	:	Lourdes College of Nursing
Account number	:	10340100144029
IFSC code	:	FDRL0001034
Branch	:	Thrikkakara

- Registration link: <https://forms.gle/xWgSp31hoCUgkUC6>

### For Enquiries

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