



STATE LEVEL WORKSHOP SANARE

Whispers of Resilience: A Journey Through Critical Care

7.5 KNMC Credit Hours
Awarded
Letter No.C/66475/2025/NC-CNE

 **August 25 , 2025**

 **Time : 7.30 am – 4.30 pm**

 **Conference Hall, Lourdes Hospital**

Organizers : Dept. of Medical Surgical Nursing & MSc Nursing Students (12th & 13th Batch)
Targeted Beneficiaries: PhD Scholars, Staff Nurses, Nursing Educators, UG students & PG students



LOURDES COLLEGE of NURSING
Sidhi Sadan

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Dear Delegates,

We, MSc Nursing Students and Dept of Medical Surgical, Lourdes College of Nursing, Ernakulam with its steadfast dedication to excellence in nursing education and compassionate healing, is honoured to host a State level workshop on **“SANARE - Whispers of Resilience : A Journey Through Critical Care”**

In the fast-paced evolution of modern healthcare, critical care nursing stands at the crossroads of advanced clinical expertise, heartfelt communication and holistic nursing care. This workshop aspires to be an inspiring and insightful platform, guiding participants through the essential dimensions of critical care- where science meets sensitivity.

We look forward for your esteemed presence and active participation.

OBJECTIVES

- Enhance competence in comprehensive assessment of critically ill patients.
- Explore the basic functions and modes of mechanical ventilator.
- Equip nurses with essential skills for managing ventilated patients and foster effective communication in critical care.
- Develop skills in interpreting ECG - Arrhythmias.
- Understand the use of emergency and inotropic drugs and ensure their safe preparation & handling.



PROGRAM SCHEDULE

TIME	SESSION	RESOURCE PERSONS
07.30 - 08.00 am	Registration	
08.00 - 08.30 am	Pretest	
08.30 - 09.30 am	With Every Breath: An Introduction to Mechanical ventilator	Dr. Indhu Rajeev Senior Consultant Critical care Lourdes Hospital
09.30 - 10.30 am	Beyond The Vitals: An Approach to Assessment of Critically ill patients	Dr. Jyothis V HOD - Critical Care Lourdes Hospital
10.30 - 11.00 am	Inauguration	
11.00 - 11.15 am	Tea Break	
11.15 - 12.30 pm	Heart of healing: Compassionate care and Nursing care of patients on mechanical ventilator	Prof. Dr. Rohini T Principal, Institute of Nursing Sciences & Research, Malabar Cancer Centre, Thalassery
12.30 - 01.15 pm	Broken Rhythm: Understanding and Managing Cardiac Arrhythmias	Dr. Indhu Rajeev Senior Consultant Dept. of Critical Care Lourdes Hospital
01.15 - 01.45 pm	Lunch Break	
01.45 - 02.30 pm	Flow of life: Understanding Ionotopes and Emergency medications	Dr. Prathibha Krishna Pillai Senior Resident Critical Care Lourdes Hospital
02.30 - 04.00 pm	Skill Stations	Dr. Indhu Rajeev Dr. Anand Mathew Mammen Dept. Medical Surgical Nursing MSc Nursing Students
04.00 - 04.30 pm	Validictory function, Posttest & Certificate Distribution	

Chief Organizers

Rev. Fr. George Sequeira
Director

Rev. Fr. Vimal Francis
Associate Director

Organizing Chairperson

Prof. Sr. Rufeena E A
Principal, Lourdes College of Nursing

Organizing Secretary

Prof. Josy A Mathew
Vice Principal, Lourdes College of Nursing

Faculty & Student Coordinators

Prof. Saniya Jose
HOD - Medical Surgical Nursing

Ms. Lolitha C D
Asso. Professor Medical Surgical Nursing

Ms. Treesa Irine M J

Ms. Veena Mohan

Online Registration – 500/-

Spot Registration – 600/-

Secure your spot before 22-08-2025

- Mode of payment online.

Bank	:	Federal Bank
Account name	:	Lourdes College of Nursing
Account number	:	10340100144029
IFSC code	:	FDRL0001034
Branch	:	Thrikkakara

- Registration link: <https://forms.gle/xXWgSp31hoCUgkUC6>

For Enquiries

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